

# REDWOOD MIDDLE SCHOOL COUNSELING QUARTERLY NEWSLETTER



## D and/or F Progress Grades

Counselors are meeting all students individually who earned a D and/or F at the Q2 Progress Report to talk about their academic progress and point them in the right direction for improving their grades.



## SEL CLASSROOM LESSONS

Counselors provided all 6th grade students with an SEL Lesson on Time Management through their Advisory classes. Students learned the importance of time management and various ways to help them with organizing their weekly schedule.

If your child missed it, you can click [here](#)

Coming in March- 7th grade SEL Lesson: Career Zone in March.

## Appointments/Drop in Support

Counselors are available to meet with students either by drop in or by appointment. Counselors meet with students at school, during lunch, and after school for academic, social emotional and college/career related support

### Redwood's Viking Motto

Victorious in all our efforts  
Integrity in all our actions  
Kind to others  
Intelligent in our thinking  
Noble in our work  
Grateful for the adults on campus  
Supportive of each other



# REDWOOD MIDDLE SCHOOL COUNSELING



## Upcoming Events

### Setting Boundaries with Your Child

Learn healthy ways to set boundaries and expectations with your child. Daniel Veselak, LMFT, will be presenting to our families on

**December 14th at 7:00pm via Google Teams** (similar to Zoom). You can register by clicking [here](#)

Flyer is on our website and in the Redwood Viking Voice

### Tutoring

Thousand Oaks Library  
Wednesdays & Thursdays  
3:00-5:00pm

Private tutors (Peer tutors from WHS) Email your school counselor for the contact information.

### Coffee with the Counselors

Join us in the library on Tuesday, Dec.20th at 8:30 a.m. to discuss Social Media and how to best navigate it with your child.

## 2023-24 QUARTER 1 COUNSELING REPORT



### SCHOOL COUNSELING DEPARTMENT MISSION:

**REDWOOD MIDDLE SCHOOL'S SCHOOL COUNSELING PROGRAM OFFERS A DATA-DRIVEN COMPREHENSIVE SCHOOL COUNSELING PROGRAM THAT FOCUSES ON ACADEMIC, COLLEGE AND CAREER, AND SOCIAL-EMOTIONAL SUCCESS FOR ALL OUR STUDENTS. OUR PROGRAM IS ALIGNED WITH AMERICAN SCHOOL COUNSELOR ASSOCIATION (ASCA) MODEL.**



AMERICAN  
SCHOOL  
COUNSELOR  
ASSOCIATION

**MINDSET & BEHAVIOR STUDENT STANDARDS FOR SUCCESS ADDRESSED : SCHOOL COUNSELORS HAVE DELIVERED OUR TIME MANAGEMENT/EXECUTIVE FUNCTIONING CURRICULUM TO ALL 6TH GRADE STUDENTS. CAREER PATHWAYS IS UP NEXT FOR 7TH GRADE!!**

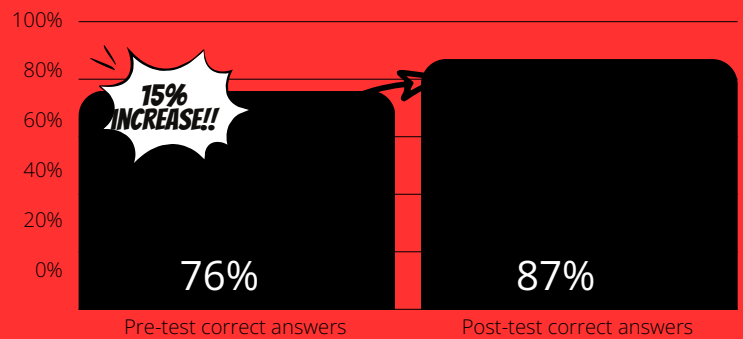
#### DIRECT/INDIRECT INTERVENTIONS TO MEET GOAL:

- The goal was to increase student understanding of terms related to executive functioning and importance of strong organization skills in their lives

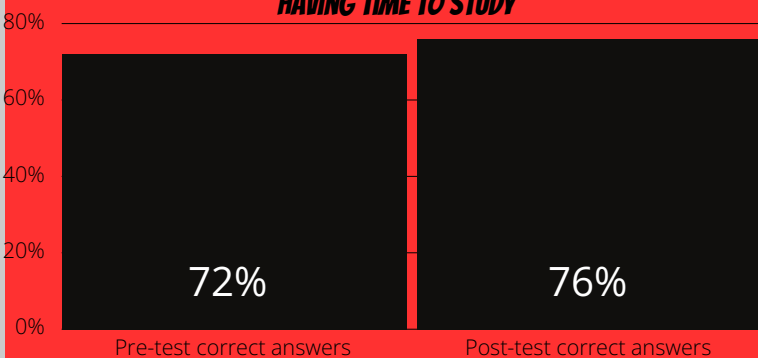
#### PARTICIPATION DATA

- All 6th grade students were presented Executive Functioning/Organization curriculum

#### HOW MUCH SLEEP DO MOST PEOPLE NEED TO BE AT THEIR BEST?



#### MANAGING YOUR TIME WELL MEANS THE ONLY THING THAT "COUNTS" IS HAVING TIME TO STUDY



#### ABLE TO CORRECTLY IDENTIFY BENEFITS OF TIME MANAGEMENT AND ORGANIZATION

